

SOUTHWICK REGIONAL SCHOOL

ATHLETICS INFORMATION

The Athletic Program provides enrichment opportunities through student participation as players, managers, or trainers in many areas of the program. We offer a variety of sports at multiple levels. Students in grades 7-12 are eligible to participate and teams will be selected based on ability regardless of grade level. Varsity teams will compete at the highest level and JV and third level teams will be created pending number of student-athletes participating, available facilities, and financial feasibility.

The program provides the following values in unmeasured terms of specific objectives:

1. Gives the exceptional student an opportunity to develop his/her superior ability.
2. Promotes team unity and school spirit.
3. Provides a safe way to experience success and failure.
4. Provides the student with an opportunity to learn about themselves mentally, physically, and spiritually.

Southwick strives to educate our athletes in the following values...

R-Respect yourself and others

A -Be **Accountable** for your actions

M-Motivate yourself and others

S-will lead to SUCCESS

FALL

Boys Soccer
Girls Soccer
Boys Cross Country
Girls Cross Country
Field Hockey
Golf
Girls Volleyball
Unified Basketball

WINTER

Boys Basketball
Girls Basketball
Wrestling
Ice Hockey
Indoor Track
Skiing
Cheerleading

SPRING

Baseball
Softball
Boys Track
Girls Track
Boys Volleyball
Unified Track

Fall Pre-Season practice/tryouts begin- Monday August 23, 2021 (please plan summer vacations accordingly)

ONLINE REGISTRATION- Any student-athlete interested in participating in athletics in 2021-2022 school year **MUST** register ONLINE, on FamilyID!

There is a link to FamilyID on the school's website. Fall sports registrations will be open on or about June 1st. Click on the link and fill in all the required sections to register. You will need to register every season, but all of your information will carry over, so, after your first registration, registering for future sports will only take a few moments. **THE DEADLINE TO REGISTER FOR FALL SPORTS IS AUGUST 13TH.**

PHYSICALS- Any student interested in playing a sport must have had a physical cleared by the school nurse and must be academically eligible. The physical must be no older than 13 months. Physicals should be turned into the school nurse by August 19, 2020 in order to practice in the first week of fall tryouts. Late physicals will not be processed until after the first day of try-outs. Any questions please call Athletic Director, Dave Sanschagrín at 569-6171 x-1507 or via email at dsanschagrín@stgrsd.org